10th Fribourg Obesity Research Conference (FORC-2019)
Thursday, September 12, 2019
University of Fribourg, Switzerland

Pathogenesis of Obesity & CardioMetabolic Diseases:
From the legacy of Ancel Keys to Current Concepts

Organized by
Faculty of Sciences and Medicine, University of Fribourg, Switzerland
In association with
Swiss Association for Study of Obesity (ASEMO/SAMO)

08:30 - 09:30  Registration – Coffee / Croissant
09:30 - 09:45  Welcome to FORC-2019
               Abdul Dulloo (Univ. Fribourg, CH)

Morning Session: From ecological studies to clinical trials

09:45-10:20  The classic studies of Ancel Keys in Physiology, Nutrition & Public health
             Jean-Pierre Montani (Univ. Fribourg, CH)

10:20-10:55  The Sugar-fat controversy in pathogenesis/management of obesity & cardiometabolic risks
             Kevin Hall (National Institute of Health, Bethesda, USA)

10:55 – 11:30 Coffee break

11:30-12:05  Evolution of research in the Mediterranean diet & health
             Lluis Serra-Majem (Univ. Las Palmas de Gran Canaria, Spain)

12:05-12:40  Dietary fat types in the modulation of body composition & metabolic inflammation.
             Cathriona Monnard (Univ. Fribourg, CH)

12:40–14:00  LUNCH & Poster viewing

Afternoon Session: From physiology of extremes to obesity diagnosis & management

14:00-14:35  Evolution of body composition diagnosis of obesity & cardiometabolic risks across the life cycle
             Anja Bosy-Westphal (Christian-Albrechts-Univ. Kiel, Germany)

14:35-15:10  Hypoxia, energy balance & obesity: from pathophysiological mechanisms to new treatment strategies.
             Bengt Kayser (Univ. Lausanne, CH)

15:10-15:45  Is weight cycling practices in Sports a risk factor for later obesity?
             Laurie Isacco (Univ. Bourgogne Franche-Comté, France)

15:45 – 16:15 Coffee break

16:15-16:50  The Great Starvation Experiment: its impact on current concepts of appetite control and adaptive thermogenesis in body composition autoregulation.
             Abdul G Dulloo (Univ. Fribourg, CH)

16:50-17:25  The psychology of hunger: from famine starvation to therapeutic dieting
             James Stubbs (Univ. of Leeds, UK)

17:25 – 17:30 Closing remarks – Abdul Dulloo (Univ. Fribourg)